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FIVE QUESTIONS FOR DENNIS CLARK

Q: What is the best live concert you have attended?
A: I actually have never been to a live concert. Would love to see James Taylor.

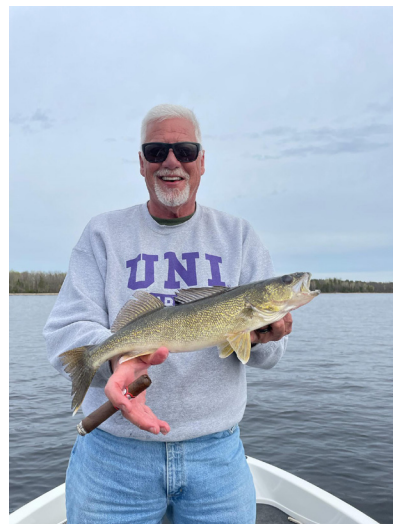
Q: Name a teacher or coach who made a profound difference in your life.
A: Bill Lane - my sophomore basketball coach at West High School. He saw me as a leader and taught me a great deal about leadership.

Q: If you could play one character in a movie, who would it be?
A: Captain Miller (Tom Hanks) in *Saving Private Ryan*. He had tremendous leadership skills and was willing to give his life for the mission.



Q: Name something unique about you that people might not know.

A: I have a love/passion for fishing (especially walleye fishing).



Q: What automobile have you owned that you wish you still had today?

A: 1959 Austin Healey 100-6 (British Racing Green)



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SPRING 2022

LIVING UNLIMITED

Clark & Associates Prosthetics and Orthotics

MEET C&A PATIENT MIKE HESSENIUS

Brian Frank (CPO at C&A) with insuring he has a great fit and the best possible componentry to support his functional goals and very active lifestyle.



Mike Hassenius has been a patient at C&A since 2014, when he elected to have his right leg amputated below the knee following a long battle with unsuccessful ankle fusions and infection. For more than four years, Mike struggled with serious infections, debilitating pain and loss of function following a 2011 ankle

surgery that was supposed to heal inside of four months. Unfortunately, that four month recovery turned into an additional 7 surgeries, nearly 200 days in the hospital and an ankle that greatly limited his ability to function with any sense of quality.

Mike determined his best chance for regaining function and improving his quality of life was to have his leg amputated below the knee, which is what he did in November of 2014. Five weeks following his amputation, Mike was up and walking on his prosthetic leg. "For my situation, amputation was the best option. I now have very little if any pain, I can walk and function at a normal pace and I'm back to the gym. Instead of trying to keep up with friends and family, I now set the pace out front."

Mike's pace now includes workouts at the gym seven days per week, including two mile walks on the elliptical machine. He has regained the active lifestyle that he lost following that first ankle surgery back in 2011. In addition to his hard work and positive attitude, Mike credits



MEET THE TEAM



Ken Horsfall is a partner, certified prosthetist-orthotist, and practice manager of the Dubuque office of Clark & Associates. Horsfall has over 25 years of experience in the O and P field, working with patients from infants to the elderly. Ken practices out of our Dubuque office but serves patients in the entire Tri-State area.

Horsfall is a long-time resident of the Dubuque area and is committed to providing the best possible outcomes for his patients. He believes in a team approach that includes input from the patient, family, and the attending medical professionals. Says Horsfall, "Our goal is to focus on abilities and help each patient achieve the highest level of function possible."

Horsfall completed his undergraduate degree at St. Ambrose University in 1996. He attended the Feinberg School of Medicine at Northwestern University where he earned certification in Orthotics in 1998 and Prosthetics in 2000. He and his wife Tracey reside in Peosta, Iowa. They have three children, Cody, Brady, and Drew.

TECHNOLOGY UPDATE



Martin Bionics out of Oklahoma City has developed a socket technology for amputees they claim will one day replace traditional rigid sockets. The idea behind their socket technology is an interface with the body that is softer, with a more palatable fit around the top of the residual limb, resulting in greater comfort. In the words of Martin Bionics, "Our socketless-socket provides the comfort of a sneaker for amputees."

Clark & Associates Practitioner Travis Carlson has fit over a dozen patients in the greater Des Moines area with a Martin Bionic Socket. "Most of the patients I have fit with this socket technology have come from other O&P companies where they experienced poor fitting in a traditional rigid socket. The Martin Bionic Socket can be beneficial for some amputees because in addition to improved comfort, they also offer the advantage of making daily adjustments based on residual limb volume."

Time will tell whether the Martin Bionic Socket will actually replace the traditional rigid socket for amputees. For now, Clark & Associates will continue to provide the option of this socket technology for appropriate patients.



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